

...THE PRACTICE TO KEEP YOU SMILING...



Our Dental Team

Our dental team is made up of a number of staff.. from reception and management.. nursing and clinical.. and ultimately your dentist.

Dr Robert W. Grabowski BDS (Dundee 1980), is the Managing and Clinical Director of Crystal Clear Dental Solutions Ltd, the parent company. With the help of our team of dental associates, therapists and hygienists we can provide day to day dental care along with implant dentistry, cosmetic dentistry and non-surgical facial aesthetics.

Dr Grabowski has a long history in East Yorkshire. Despite having a Polish surname, he is a Scotsman born and bred. After qualifying from Dundee Dental School, Dr Grabowski or Robert as many of his patients prefer to call him, moved down to the Hull area, married and started a family. Dr Grabowski has two sons David and Oliver. His wife Gail, is a fitness instructor and personal trainer. Despite the 25 years in Hull, he refuses to lose his Scottish accent!

Having owned a small group of practices in the Bridlington, Hornsea and Hull areas, Dr Grabowski is now focussing on Crystal Clear Dental Spa, offering quality dental care to all.

Dr Grabowski constantly attends post graduate courses and has certificates in Cosmetic Dentistry, Implant Dentistry and in the use of Botox and Fillers in facial aesthetics. Dr Grabowski is also a practitioner in NLP (Neuro Linguistic Programming). He is a member of a number of dental associations.

Having a special interest in restorative and cosmetic dentistry, Dr Grabowski can put to good use his constantly updated knowledge gained through his ongoing postgraduate education.

Dr Grabowski also uses his York practice as a base for his dental management and marketing company, Crystal Clear Dental Solutions, which helps other dentists and their practices to develop

Our practice mission statement is to "Excel and Exceed." All staff members are encouraged and helped in continual personal development. Excellence, quality and ongoing education for all staff members is part of our practice philosophy.

Details regarding our Associate Dentists are available separately.

Practice Hours

Monday - Thursday: 9.00am - 5.30pm

Friday: 9.00am - 4.30pm

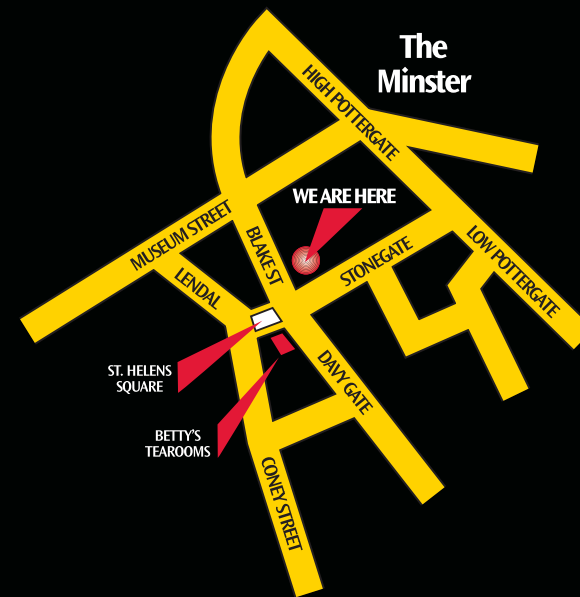
In the case of a dental emergency

For our registered patients they should contact the practice as soon as possible during practice hours. Our "out of hour advice service" is available by telephoning the practice number.

Acute Emergency Dental Service

We offer a same day emergency service to non registered patients to help alleviate any acute pain. We can then make further arrangements to carry through and complete any necessary treatment at a later date.

This service is helpful for family and friends or those on holiday who find themselves in acute pain but have no regular dentist.



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...PASSIONATE ABOUT YOUR SMILE...



Welcome

On behalf of the team at Crystal Clear Dental Spa we would like to extend a warm welcome. We aim to provide a happy environment which we and our patients enjoy, offering you the highest standard of dental care.

We always find your comments and questions regarding any aspect of our practice welcome and we will be pleased to discuss your individual needs at any time.

Nervous..... there is no need!

We appreciate that people are anxious about going to the Dentist. We try to help by creating a relaxed, friendly atmosphere, to help overcome any apprehension that you may have.

A number of relaxation and sedation procedures are at hand for patients who require that extra help.

In any circumstances, there is no need to be nervous, we understand and are here to help.

Video DVD glasses or a selection of music is available for your use during your treatment... why not bring along your own CD player to use with our cordless headphones.

Payment Options

Payment for your dental treatment can be paid using Cash, cheque with a guarantee card or credit/debit cards.

A deposit will be taken to secure your initial visit. For smaller courses of treatment, the full fees are payable at the time the appointments are made.

For longer and more expensive treatments, it may be possible to stage your payments through our interest free credit facilities*.

We encourage all our patients to join our Crystal Clear Dental Plan, where for a reasonable monthly payment, the cost of your routine examinations, hygiene appointments and small X rays are covered. A generous 10% discount applies should treatment be required and insurances are in place to cover for world wide emergency situations. We offer plans for adults, children, families and students. We also have group and corporate plans available.

Appointment Policy

We ask you to arrive in ample time for your appointment and report to reception.

If for any reason you need to cancel your appointment, no charges will apply providing you give the practice 24 hours notice. All missed appointments will also be chargeable.

* terms and conditions apply.

For the less able

Because of the intimate nature of dental care we can normally work around patients presenting with disabilities. For those with hearing difficulties we have a loop system. For the partly sighted, the reception staff can use larger print for any future correspondence.

WE MUST POINT OUT THAT THE PRACTICE RECEPTION AND SURGERIES ARE ON THE FIRST FLOOR AND THERE ARE NO LIFT FACILITIES.

Regular visits - Very Important

Our practice philosophy is prevention.

We recommend regular attendance at the practice to detect any problems early. Gum disease and tooth decay are preventable with regular dental health checks. Our ongoing General Services programme includes:

Digital computerised Xrays, Intra oral Imaging and regular use of clinical photographs, Periodontal treatments, Tooth coloured restorations, Oral health counselling and advice, Use of Multi media aids for educational purposes, Visual Oral Cancer checks



Cosmetic Options

We have a special Interest in Cosmetic Dentistry and Facial Aesthetics.

From one tooth to a full dental makeover ... from recreating a natural look or giving you a Hollywood smile... we can help by giving you a functional and beautiful look.

Crowns & Bridges

We can cover unsightly teeth using crowns, spaces between teeth can be filled using bridgework either attached to crowns or by using the latest in adhesive dentistry, fix a replacement tooth onto an adjacent tooth using adhesive wings. With the new ceramic technology available, crowns and bridges are more and more tooth like and the black lines around the gum margins are less likely to occur.

Veneers

Provide a wafer thin mask to hide discolouration on teeth and close unsightly gaps with little or no work being needed on the tooth itself.

Natural Coloured Fillings

Unsightly metal fillings can now be replaced by natural coloured fillings to improve the look of your smile.

Tooth Whitening

A choice of "in house" power tooth whitening, a 60 minute procedure or tray systems are available. Transform your stained or discoloured teeth... giving you back a whiter, brighter smile!

Implants

This technique, is used to fill gaps by using titanium screws to replace a missing root to allow the placement of crowns and bridge work. It can also be used along with dentures to help in providing support and retention.

Dentures

Are your dentures tired and worn looking?

Do they look too much like false teeth?

We can replace them using quality, natural looking teeth and materials, giving you the choice of a more natural look through to that glamorous Hollywood smile

Orthodontics

Where orthodontic treatment is required we will refer you to a colleague who can undertake treatment on our behalf

Botox and Restylane

In addition to our dental care and to help improve facial aesthetics, we can soften and smooth expression lines around the mouth, nasolabial folds, your crows feet and frown lines, These options give you long lasting and natural enhancement but are not permanent, They are effective and aesthetically compliment any dental procedures where cosmetic improvement is important. These treatments apply as much to our male patients as our female patients!

